



www.harvestvegetarianrestaurant.com

MAINS

Skewers of Tofu and Roasted Vegetables with a Peanut Sauce (V) ... \$23.50

Marinated Tofu, Roasted Pumpkin, Potato, Kumara and Eggplant Skewered and served with a Peanut sauce and a Wild Rice salad.

Harvest Mediterranean Aubergine Tower ... \$24.00

Oven baked Eggplant filled with Goats Cheese, roasted Red Capsicum and Sweet Potato divided by English Spinach, Tomato and Basil, served with an Illawarra Plum and Tomato Glaze.

Savoury Mushroom Pancake Stack with an English Spinach Sauce ... \$24.50

Roman Brown, Oyster and Button Mushrooms are sautéed in Garlic and added to fresh Herbs and Parmesan to form the base of the Pancake Spring Onions roasted Rosemary Potatoes and marinated Mushrooms separate the Pancakes and an English Spinach sauce adds to the dish.

Risotto Cakes and Roasted Red Pepper Sauce (V) ... \$22.50

Traditional style Risotto, flavored with Tarragon, Spinach and White Wine. Anchored in a pool of roasted Red Pepper Sauce.

Individual Lasagna with Mozzarella ... \$23.00

Fresh lasagna sheets lay between the oven roasted Tomatoes and Basil leaves. Kumara and Pontiac roasted in garlic and oil with fresh Rosemary fill the lasagna along with roasted and peeled Red Capsicums and Tomato Concasse. Covered with Mozzarella cheese.

Soba Noodle Stir Fry (V) ... \$22.50

Japanese Soba Noodles with Bok Choy, Spinach, Mushrooms and selected vegetables stir-fried in Garlic, Soy, Ginger mix. (Chilies available on request.)

English Spinach and Kumara Gnocchi. (V by request) ... \$24.50

Sweet Potato Dumplings form the base of our Gnocchi which is served in a Lemon and Garlic Cream sauce or a roasted Tomato and Sage Sauce and topped with Grilled Parmesan.

(V) ... Vegan means no dairy products, eggs or honey.

Corkage ... \$3.00 per person.

All prices are inclusive of GST.